

**Subject:** Message from Alcuin Head of School

**Date:** Wednesday, April 13, 2016 at 10:45:23 AM Central Daylight Time

**From:** Alcuin School

**To:** Talcott Franklin

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**Wednesday, April 13, 2016**

Dear Parents,

Several Alcuin parents and students have attended an innovative predator prevention program where girls learn to recognize and escape dangerous situations and fight back where necessary. The girls are trained by age group starting at age 7 and above. The program seeks to take a subject no one wants to talk about and present it in an interesting and entertaining way so that people will talk about it. According to the Alcuin parents who have already attended, it works. Parents and their daughters say the program is fun, valuable, and empowering. Follow up surveys show that the program actually changes both parent and child behavior in ways that make girls safer.

The course lasts a maximum of one hour for younger children and two hours for older children. The course at the YMCA will be taught by several instructors: an emergency room doctor and toxicologist, an attorney and former rehabilitation counselor in a maximum security prison, a researcher in developmental biology, a seven time national fighting champion (TKD - men), the current reigning national fighting champion (TKD - women), and a former university title IX coordinator (she is teaching the age 14+ class — high school students and parents should find her particularly interesting as they consider college choices).

The course is free and scheduled for April 17 starting at 3 pm for younger girls, and 4 pm for ages 14+, at the White Rock YMCA. Alcuin also intends to schedule the group for voluntary free trainings at the school in the near future for Alcuin students and their parents. Children attending must be accompanied by a parent. More information about the training is available at the links below. You can ask more specific questions by emailing [ginger@securehighered.com](mailto:ginger@securehighered.com).

To sign up for the YMCA training: <https://securehighered.com/wrymca/>



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